



## Mountainview Animal Hospital

### FALL NEWSLETTER

#### MEET OUR DOCTORS

From time to time, we enjoy sharing little updates about the wonderful team here at Mountainview Animal Hospital. It gives people a chance to get to know us better and most importantly, to feel comfortable entrusting their beloved pets to our care. Each doctor on our team offers unique strength and experiences, yet all share the same devotion, a love for animals and a commitment to compassionate quality care. We are proud to introduce you to our doctors:

#### **Dr. Stephanie Ewing**

As my mother tells it, I had filled our apartment with imaginary pets, before I could really speak. I started working as an Animal Care Attendant when I was only twelve years old. I obtained my Bachelor of Science from the University of Guelph and then my Doctor of Veterinary Medicine from the Ontario Veterinary College in 1994. How quickly time flies. The greatest blessing of my life is that I still love being a veterinarian as much today as I did when I graduated.

Mountainview Animal Hospital has been my pride and joy since I opened it in the fall of 2001. As the owner of the hospital, it has been my mission to create a hospital where clients feel welcomed, respected and as though they have found the right partners for their pet's wellbeing.

I love medicine as much as surgery. When people ask what type of pet I prefer, the hamster is just as cute to me as the Great Dane. I also enjoy the volunteer work I do at the University, coaching veterinary students in communication.

I have a husband who also has a soft spot for animals and who never makes me feel guilty for prioritizing the clinic over our date nights. While we tried to have kids, that was not in the stars for us; this just means our babies are furrrier than other families. Right now, we have two dogs, Reese and Wren and two cats, Hershey and Little Stinker (he has earned that name). And, no one can forget Tux. Although, he is more everyone's cat than mine alone.

Over the last few years, you may have noticed that I am having trouble with my knees. This August I finally had replacement surgery on the left knee. I have been off work recuperating for the last 6 weeks. In the new year, I hope to have the right knee replaced as well.

#### **Dr. Erica Wick**

Dr. Wick has been with Mountainview Animal Hospital since August 2013. Her childhood passion for all creatures great and small, had a profound impact on her life's direction. She

graduated from the University of Wisconsin-Madison in 2005 with a Bachelor degree in Zoology and a Doctor of Veterinary Medicine. After graduation, she did an internship in small animal medicine and surgery. This extra year of studying shows in her ability to understand and diagnose disease. Dr. Wick is also a skilled surgeon, particularly in dentistry and soft tissue surgery. She is not only passionate about dogs and cats, she has a soft spot for the little critters like bunnies too.

Since starting with us she has had two boys, who are growing like weeds, and are the apple of their parents' eyes. She also has a beautiful rescue cat named Frankie, whose medical challenges keeps her on her toes.

Dr. Wick also has interesting personal skills. She scuba dives, plays the Cello, is an avid gardener, and lately has taken up beekeeping and making honey. Last Christmas, Dr. Wick gifted us each a jar of her homemade honey, yum!

### **Dr. Sherry Ekstrom**

Dr. Sherry Ekstrom joined our team in May of this year. Like all of us in this profession, Dr. Ekstrom has been an animal lover her entire life. She graduated with her Doctor of Veterinary Medicine degree from the Ontario Veterinary College in 2010.

While enjoying many aspects of veterinary medicine, Dr. Ekstrom has developed a keen interest in internal medicine, dermatology and pain management. In December 2018, she became a Certified Canine Rehabilitation Practitioner and has applied this special skill set to dogs and cats with acute and chronic orthopedic and neurological issues. Seeing her patients improve and get back to doing what they love is something Dr. Ekstrom will never get tired of.

When she is not working, Dr. Ekstrom keeps busy with her husband and 2 sons and she loves reading and staying active. No veterinarian's life would be complete without "furry family members" and Dr. Ekstrom shares her home with a cat, Gabriel, who stole her heart as a rescue and Goose, a goofy rescue Beagle who has taught her a lot about patience and the importance of taking time to stop and smell every blade of grass.

### **Dr. Sophie Lake**

Dr. Lake's desire to be a veterinarian also started at an early age. During high school and university, she volunteered at many veterinary clinics and at a humane society as an Animal Care Attendant. She earned her Bachelor of Science in Animal Biology from the University of Guelph in 2016, then spent a year working for a veterinary pathologist before being accepted to the Ontario Veterinary College, where she received her Doctor of Veterinary Medicine in 2025. She has joined us straight out of school. While she does not have the experience of her older colleagues, she has the tremendous gift of having been exposed to all the latest information and education the world respected Ontario Veterinary College can provide. Dr. Lake has great instincts and common sense as a base to build upon as an excellent diagnostician.

Although she loves all animals, feline medicine holds a special place in her heart. The cats seem to have noticed this, she has that calming touch. Dr. Lake is also passionate about preventative care, believing that it makes the most financial and ethical sense to prevent disease rather than react to it.

Dr. Lake has also participated in wellness and spay/neuter clinics in First Nations communities

in Ontario, as well as a two-week outreach trip to Guatemala.

Currently, she shares her home with one cat, a ginger tabby named Thor and her new husband. In her free time, she enjoys staying active by playing tennis or mountain biking. Dr. Lake finds comfort in creativity as well, whether through scrapbooking, painting, or crocheting.

## **Tux**

Tux has been with Mountainview Animal Hospital since March 2010. He graduated from kittenhood the following year. Initially, he became the self-appointed clinic greeter. While he was outstanding in this position, he promoted himself to Facebook model and our social media influencer. He is also excellent at testing out every pet bed and cozy nook. During his personal time Tux is an avid food sampler and thief. Tux does not discriminate, he will steal food from dogs, cats or his fellow colleagues and employer.



## **Working Together for Your Pet's Well-Being**

While we hope that all our clients love all our doctors, we realize that for continuity of care or just because of personal bonds, some clients will prefer one doctor over another. If that is the case, please don't hesitate to ask for your preferred doctor when you book your appointment, and we will do our best to accommodate.

Mountainview Animal Hospital also has an excellent team of receptionists, Registered Veterinary Technicians and Animal Care Attendants. You can read a bit more about the rest of the team on our website. As the need arises, we will invite more excellent people to join our team, to meet the needs of our clients and their pets.

You can also follow us on Facebook and Instagram where we post fun facts, important pet healthcare reminders and updates about our hospital. You can also follow the sleeping and eating adventures of our top employee (boss really) Tux!